

30 Question Predictive Checklist

Name _____ Age _____ Date ____/____/____

Completed by _____ Relationship _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Instructions:	Never	Seldom	Occasional	Frequent	Always	Score
After you consider each question, mark the column that applies to the person you are assessing.						
Blurred vision at near	0	1	2	3	4	
Double vision	0	1	2	3	4	
Headaches associated with near work	0	1	2	3	4	
Words run together when reading	0	1	2	3	4	
Burning, stinging, watery eyes	0	1	2	3	4	
Falling asleep when reading	0	1	2	3	4	
Vision worse at the end of the day	0	1	2	3	4	
Skipping or repeating lines when reading	0	1	2	3	4	
Dizziness or nausea associated with near work	0	1	2	3	4	
Head tilt or closing one eye when reading	0	1	2	3	4	
Difficulty copying from the chalkboard	0	1	2	3	4	
Avoidance of reading and near work	0	1	2	3	4	
Omitting small words when reading	0	1	2	3	4	
Writing uphill or downhill	0	1	2	3	4	
Misaligning digits in columns of numbers	0	1	2	3	4	
Reading comprehension declining over time	0	1	2	3	4	
Inconsistent/poor sports performance	0	1	2	3	4	
Holding reading material too close	0	1	2	3	4	
Short attention span	0	1	2	3	4	
Difficulty completing assignments in reasonable time	0	1	2	3	4	
Saying "I can't" before trying	0	1	2	3	4	
Avoiding sports and games	0	1	2	3	4	
Difficulty with hand tools-scissors, calculator, keys, etc.	0	1	2	3	4	
Inability to estimate distances accurately	0	1	2	3	4	
Tendency to knock things over on desk or table	0	1	2	3	4	
Difficulty with time management	0	1	2	3	4	
Difficulty with money concepts, making change	0	1	2	3	4	
Misplaces or loses papers, objects, belongings	0	1	2	3	4	
Car sickness/motion sickness	0	1	2	3	4	
Forgetful, poor memory	0	1	2	3	4	

20 – 24 points = suspect 25 points or more = refer for care

Pre-treatment Post-treatment

TOTAL SCORE
